

FEBRUARY 2021

Any questions or concerns please contact Christy Johnson at ciohnson@spencersacredheart.com or at 712-262-6428

Sacred Heart



Monday

Tuesday

Wednesday

Thursday

Friday

Breakfast: Pop tart



Breakfast: Smoothie & Muffin

Breakfast: Sandwich

Breakfast: Frudel

Breakfast: Pancakes

5

Lunch: Scalloped Potatoes W/ham, Mixed Veggies, Mixed Fruit Lunch: Egg Omelet, French toast sticks, Tri-tater, Carrots, Side Kick

Lunch: Mr. Rib W/Bun, French Fries, Green Beans, Grapes

Lunch: Hamburger W/Bun, Baked Beans, Red Pepper Slices, Apple Lunch: Corn Dog, Corn, Peaches, WG Chips

Breakfast: Cereal Bar

8

Breakfast: Sandwich 9

Breakfast: Waffles 10

Breakfast: Mini Bage

Lunch: Swedish Meatballs, W/Noodles, WG Roll, Broccoli, Pears

Lunch Meat Sandwich W/Cheese, Carrots, Apple Sauce,

Lunch: Chicken Patty W/Bun, Tater tots, Cherry Tomato, Peaches Lunch: Meatloaf, Mashed Potatoes, Corn, Pineapple

NO SCHOOL

15

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NO SCHOOL

Breakfast: Waffles

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Breakfast: Sandwich

18

Breakfast: Smoothie & Muffin

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Lunch: Cheese Bread, Marinara Sauce, Romaine Lettuce, Corn, Mixed Fruit Lunch: Crispito, Peas, Mandarin Oranges, Dutch Waffle Sticks Lunch: Tomato Soup, Cheese Sandwich, WG Cracker, Peas, Peaches

Breakfast: Pop tart

Breakfast: Cereal Bar

Breakfast: Sandwich

24 Breakfast: Cereal

Breakfast:

Lunch: Cavatini, WG Roll, Carrots, Mixed Fruit

Lunch: Sloppy Joes, Calico Beans, Romaine Lettuce, Strawberries & Peaches Lunch: Hotdogs W/Bun, Tri-Tater, Cherry Tomato, Pears Lunch: Chicken Nuggets, Mashed Potatoes, Corn, Tropical Fruit Lunch: Cheese Pizza, Mandarin Oranges, Broccoli, Garlic Bread

Be my Valentine









All breakfasts are served with a choice or milk, juice and fruit All lunches are served with a choice of white or chocolate milk